

*Sunday, May 1<sup>st</sup>, 2011*  
***Cancer Awareness Trail***

☺ Family fun day - come rain or shine! ☺

**Registration fee: CHF 10.—per person**  
***Reservation recommended on***  
**[info@cancersupport.ch](mailto:info@cancersupport.ch)**  
***and let us know what time(s) you choose for your walk !***

**P R O G R A M**

- Arrive at Webster University – Registration desk open from 9am
- park your car in the parking nearest to the Railway line
- go to ESCA Registration Desk to pay your Registration Fee, collect your “Trail Mix” and you’re ready to GO!

*Adult walks*

**10 – 12.00hrs**

**11 – 13.00hrs**

**14 – 16.00hrs**

*Childrens’ Insect Trails*

Please note: Children under the age of 10 must be accompanied by an adult

**10 – 12.00hrs**

**14 – 16.00hrs**

**For CHF 7.—p.p.,  
enjoy a packed, picnic lunch– dairy or vegetarian –  
between 12 and 2 pm.**

**Tea, coffee, juices, wine & beer  
together with home-baked cakes will be on sale all day**

*Participate*  
**in two demonstrations of ESCA’s “Fit & Fun” exercise classes  
or  
join a fast walking/jogging session**

*Try out*  
**Indian Head Massage  
Reflexology**

**SORRY, NO PETS ALLOWED**