

# Bosom Pals at ESCA

**Bosom Pals:** ... those who know so well where you've been, accept so well who you've become, and who gently invite you to grow

## Spring flowers & showers



### Time for reflection

Our January event was a visit to the very exclusive Patek Philippe Museum, just off Plainpalais. There was a goodly turnout of interested BPs and we had a fascinating afternoon browsing among the most amazing collection of clocks and watches of all sorts and sizes. There were beautifully enamelled watches, with portraits of their owners or family members most beautifully executed in delicate detail, and watches encrusted with jewels; clocks with singing birds and even with small animated figures. Some were so elaborate that the telling of the time was almost incidental to the work of art! These intricate pieces mostly dated from the 18th and 19th century and many were destined for the Far Eastern market.



Among the more modern watches were items specially made for famous people, so we also did a bit of "celebrity spotting". A brief audio-visual introduction gave us a bit of background to the Patek Philippe establishment, and a display of watchmaker's tools on the main entrance floor gave us a small insight into the complexities of construction. All in all a fascinating afternoon which we rounded off with the statutory cup of tea and cake in a friendly family patisserie nearby.

relaxed afternoon together.

We had a good laugh before even beginning our artistic afternoon when, arriving a bit too early we went for a coffee in the tea-room next door, only to find ourselves sitting at a table beneath a strange, bosom-shaped wooden work of art! They must have seen us coming!



Myra and Una hard at work!



February was not only an artistic month, but a sporting one as well, with a very lively special event in the shape of a special ice-hockey match dedicated to "Pink Sticks" and breast cancer awareness. This initiative was

### A Glazy Day & a Crazy Night

After all that art, it was time for us to have a bit of artistic inspiration of our own and in February we spent a happy afternoon in Coppet trying our hand at painting on pottery. This was wonderfully therapeutic and even those of us who claimed that they couldn't paint or even draw a straight line produced some delightfully decorated pots and dishes. The proprietor of Glazy Days was a lovely lady who put us all at our ease and soon had us stencilling away, musing over our choice of colours and generally enjoying a wonderful,

### • COMING EVENTS

**May**—the long-promised **cooking demonstration** will take place on 14 May and we have decided to make this an evening event so as to allow some of you who are working to join us. The Italian chef of the Geneva Squash Club will demonstrate some classic dishes which we will help to prepare and then sit down and enjoy together. Call Jenny on 022 776 48 37 for full details and "how to get there", or email her on [jjbuffle@bluewin.ch](mailto:jjbuffle@bluewin.ch)

**June**—will be the time for another outdoor event, this time an **afternoon of mini-golf** at the **Signal de Bougy**. We will reserve two dates in order to be sure of a fine day, so put Tuesday 12 and Thursday 14 in your diaries now.

Other summer events will be announced later, but don't forget that the great **Dragon Boat Festival "Paddle for Cancer"** will be held at the Lac de Joux on **Sunday 9th September**. We aim to have a BP boat (or two!) so reserve the date NOW and get full information on the ESCA website. For those of you who would like more information on the sport itself check out this link: <http://www.dragonboat.org.uk/> <<http://www.dragonboat.org.uk/>>

**Bosom Pals** is ESCA's newest group offering a mix of informal get-togethers or informative talks from health professionals to those 40% ESCA members who are breast cancer patients and survivors. If you've been touched by breast cancer, do join us. If you're already a Bosom Pal, pass this newsletter on to anyone who might need to know about us. Extra copies are available from the Drop-in Centre.

*Many a man owes his success to his first wife and his second wife to his success*