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Naturopathic Medicine

Definition

The purpose of naturopathic medicine is to assist patients in maintaining or regaining good health and preventing illness through a variety of techniques or treatments that utilize natural substances or principles.

Naturopaths work with nutrition and nutritional supplements, herb extracts (including aromatherapy and Spagyrie), oligotherapy (minerals) homeopathy and other natural therapies. These natural remedies help remove the main causes of poor health by rebalancing dietary deficiencies and cleansing the body of various excesses.

Naturopathic therapies can complement conventional medical treatments to serve the best interest of the patient. The goal is to evaluate each individual health condition and to recognize the needs of the patient in order to receive the best overall treatment most appropriate to his or her health profile. The patient is encouraged to be an active participant in the process of recovering his/her health.