



Psychosomatic Energetics (PSE)

Definition :

Psychosomatic Energetics (PSE) is a new synthesis of eastern philosophy, western psychology, and ancient healing traditions that makes it possible to test a person's energy levels, localize blockages in their energy centers (chakras), clear them, and increase the person's health and sense of well-being.

Benefits :

It is a useful method for treating chronically ill people who suffer from many conditions including :

- Digestive problems
- Lower back pain
- Chronic fatigue
- Low-energy
- Concentration problems

It is also helpful for treating many emotional problems including:

- Post-traumatic stress disorder
- Depression
- Schizophrenia
- Anxiety

In addition, diagnosis and treatment of geopathic stress, which has been found in virtually all cancer patients who have been examined for it, has proven very helpful in increasing the likelihood for recovery and preventing relapse.

A typical session usually takes about an hour, and includes finding the person's energy profile, localizing the blocked chakra and associated conflict, determining the size of the conflict and the duration of treatment, and finding helpful plant remedies and supplements. Once the conflict is localized, it is treated over a time span of about twelve weeks. The complex homeopathic remedies are specific for each chakra and conflict. Only one conflict is found and treated at a time. If a geopathic blockage is also present, then specific remedies and recommendations can be used to clear it out.