



FOLLOW THE PINK RIBBON TRAIL ON AN AWARENESS ADVENTURE!



ESCA and **A Different View** are organising a special walk on **Sunday, October 14**, to mark **October Breast Cancer Awareness** month. Come join us in following the Pink Ribbon Trail in the forest around Chancy. There will also be an awareness talk and a small fair in the local Salle Communale. A guided environmental walk will be led by Pierre Zuppiroli in the protected forests in La Laire river region close to the village of Chancy, a charming Geneva commune known for farming, vineyards and forests. There will be a marked trail for those who prefer to do it independently.

Chancy is the furthest west village in Switzerland surrounded by beautiful oak, chestnut, pine and old wild fruit trees. Now is the season to collect your acorns and 'conkers'. A surprising part of the forest is the Bouchet

Reserve, covered with the *Pin Sylvestre* (Scotch Pine) more often seen in the South of France. There is a truly Mediterranean atmosphere with the dry vegetation and pine surrounded by oak and chestnut trees.

We'll see and learn about the geological richness of this part of the Geneva basin, formed over 12,000 years ago as the great Rhône glacier retreated. The alluvial plain is a mix of Valaisan granite, sandstone and other stones formed by the immense pressure of the glacier on the sand and minerals. The stones remaining remind us how large the glacier was in this region.

At this time of the year there are plenty of bushes and trees offering berries and nuts for birds and small animals to feast on in preparation for winter. Maybe we'll see some of them. Small lizards are now hibernating and the mice will be watching us.....but we won't see them! We'll learn how farmers in this area grow crops and protect their land to ensure that there are always wild parts of their fields where birds, butterflies and small animals can live in a natural habitat close to a populated village. We'll identify various medicinal herbs and learn how they were used in everyday life hundreds of years ago and can be used also today.

The walk will take us on well-marked, easy walking nature paths. Wear good walking shoes for your comfort. It will take two or two and a half hours, depending upon questions and discoveries that will be shared with everyone.

You can register either online (email: info@cancersupport.ch) or on the day: **cost CHF 10**. There will be **three guided walks: 9.00-11.30, 12.00-2.30 and 2.30-5.00pm**. Each guided walk will have a maximum of 25 people and will be on a first-come-first-served basis. Independent walkers can arrive at any time and go at their own pace. Please feel free to bring your own picnic; you can sit and eat in the covered terrace of the lovely salle communale. There is also a children's play area. **Healthy soups and hot drinks will be on sale**. Sorry **no dogs allowed on the guided walks** but they are welcome on the independent trail as long as they are on a lead!

TPG bus K leaves from Geneva Bel-Air to bus stop "Chancy" in Chancy-village.

Meet at the salle communale - Map: <http://map.search.ch/d/mmznjjiyw.en.html>
www.cancersupport.ch
www.a-different-view.com