



english speaking cancer association
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ESCA'S MONTHLY NEWSLETTER FEBRUARY EVENTS

Monthly support meeting
Wednesday, February 4 - different place, different time, different format!
Salle communale in Begnins, Vaud

As announced last month, the first Wednesday in February (4th) coincides with World Cancer Day, so instead of our usual support meeting, we are inviting you to visit the **Salle Communale in Begnins, Vaud**, for the performance of a play written by **ESCA member Dr. Mary Weed-Pickens**. Mary went through a bone marrow transplant last autumn after being diagnosed with acute myelo-leukemia. She decided to write about her experience and the result is the play entitled: **"Amazon Cancer Warriors: Homage to Courage."**

See the attached flyers in French and English about the event. There will be free health-oriented activities and information stands (including an ESCA stand) from 16.30 to 19.00, followed by the hour-long play, which will be in French, but with English text available. If anybody needs a ride to Begnins, please let me know in plenty of time (022 784 1050 or email: alderson@bluewin.ch).

Driving directions are at the end of the newsletter.

Reservations advisable : +41-76-390-5099 or maryweed@yahoo.com, but tickets will also be on sale at the door (CHF 25 or CHF 15 for seniors, juniors and unemployed.)

Do come along and support this initiative. This is one way of responding to the challenge of cancer – maybe we have others out there who are using their talents to deal with it. Let us know!

VOLUNTEER TRAINING SESSIONS

As you learned from our last newsletter, the November sessions unfortunately had to be cancelled, due to lack of numbers, but we are planning another session in March. The dates are March 2,3,9,and 10, 9.30-12.30

We hope that by giving these dates so far in advance enough people will sign up to make the training possible!

If you are interested, please contact the office at info@cancersupport.ch or call during office hours 022 791 6305.

OUTREACH

the next meeting of the Outreach Committee will be on Tuesday, February 24th at 2pm at the Drop-In Centre.

If you are interested in helping on this committee, please contact Andrea Smith (andrea.smith@free.fr) or Karin Delamarter (karin@delamarter.ch).

STOP PRESS!

We have just heard that the Breast Cancer Network (*Reseau du cancer du sein*, of which ESCA is a member) has persuaded the organisers of the annual Hot-Air Balloon Festival in Château d'Oex to decorate three of the balloons with the well-known pink ribbon logo and give pink buttonholes to officials at the site – all to raise awareness of the need to fight this disease. This Festival is always a spectacle worth seeing, so if you plan to visit the area the best time will be either this weekend or next. Check the weather forecast first, however!

ESCA'S MEDIA STARS

The announcement below appeared in last month's newsletter, but we are repeating it in case anyone missed these broadcasts

Congratulations to ESCA psychologist Thea Marais, who was interviewed on WRS on the subject of bereavement on Sept 2. The interview can be heard by going to <http://www.worldradio.ch/wrs/features/health/health-matters-bereavement.shtml?11435>.

On December 2, Thea was again on the airwaves, accompanied by ESCA member Kate Marx, discussing "Caring for the Caregivers" This can be heard on http://www.worldradio.ch/wrs/features/your_space/your-space-support-for-care-givers.shtml?12136

And finally, ESCA member and Bosom Pal Annabel Pulcrano was interviewed on Dec. 9 on "Breast cancer and reconstructive surgery". To listen to this, go to <http://www.worldradio.ch/wrs/features/health/health-matters-breast-cancer-and-reconstructive-su.shtml?12187>

An interview with Patsy Allen, Thea Marais, Andrea Smith and Sally Alderson in "Geneva Times" Jan/Feb issue is out now!

For those of you who speak French, here is the announcement of a brunch/meeting to discuss recent changes to insurance policy in Switzerland. Please sign up directly with La Mediane at the email or phone number below.

A l'Espace Médiane au 4 rue Micheli-du-Crest

L'équipe de la Ligue genevoise contre le cancer vous souhaite la bonne année et vous invite à participer aux conférences brunch de l'Espace Médiane : www.lgc.ch <<http://www.lgc.ch/>>

Brunch : Lundi 26 janvier 2009 de 12 h à 14 h*

« Assurance-invalidité : changement et nouveauté de la 5ème révision » avec [Anne Antille](#), psychologue, conseillère en réadaptation professionnelle et [Jean-Didier Bandelier](#), conseiller en réadaptation professionnelle, Office Cantonal de l'Assurance-Invalidité, Genève

** [Merci de vous inscrire par téléphone à la Ligue genevoise contre le cancer : 022 322 13 33 ou par messagerie : \[mr.antille@mediane.ch\]\(mailto:mr.antille@mediane.ch\)](#)*

VOLUNTEERS FOR DROP-IN CENTRE

A reminder:

Volunteers are reminded to sign up to man the Drop-In Centre – by going to the following link: <http://www.doodle.ch/xrdbyresm8r6hfgm> and following the instructions, or by calling during office hours 022 791 6305. If everyone who has followed the training programme signed up for one day a month we could be sure to have 2 volunteers on duty at a time and offer the service we have promised to the local community.

Directions to the Salle Communale de Begnins:

- *Take the Gland exit from the autoroute, and follow signs to Begnins*
 - *When arriving in the village of Begnins, make a left turn just before the post office - chemin de Fleuri*
 - *Turn left before the Catholic Church down to the parking lot*
 - *The doors are at the side of the parking lot which is currently under construction, so you may want to use the parking garage on the corner and walk down to the Salle*
 - *Look for signs!*
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2009 DATES FOR YOUR DIARY:

Next monthly support meeting: Wednesday, March 4

ESCA's Annual General Meeting: Tuesday March 17

OPEN DAY: Saturday April 25

And we already have the date of next year's Dragonboat Festival: so reserve Sunday September 6!

ESCA's Drop-In Centre, rooms 309 and 310, Lac wing in the Ecumenical Centre, 150 rte de Ferney in Grand Saconnex, is open Tuesdays and Thursdays, 10h-14h. Please feel free to drop in during those hours to borrow books from our lending library, to read some of the pamphlets there or just to have a coffee and a chat with the volunteer on duty. Appointments can also be made for a session with one of our counsellors in the Quiet Room.

We encourage those of you who are not yet members of our Association to consider joining. Your contribution

will help to buy books and tapes for our free lending library as well as to organise seminars and speakers.

Membership forms are available at the Wednesday monthly meetings or on our website: www.cancersupport.ch

And please do remember to return books! Any suggestions for additions to the library are gratefully received.

If you no longer wish to receive our newsletter, please send an email saying "Unsubscribe" to the address below.

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